

# How To Prepare for Your Appointment

Preparing for your IRT appointment is an important part of the imaging process when relating to remote equine imaging. The environment and horse need some special preparation to ensure that we produce accurate image readings. Below is information you will find helpful in preparing. Please take a few moments to review the following. If you have any questions, please feel free to contact us at 201-477-0009.

# 1. PATIENT PREPARATION

# 48 Hours Prior to Scanning

- No topicals applied to horse 48 hours prior to scanning
- No intravenous drugs 48 hours prior to scanning
- No anti-inflammatory drugs 48 hours prior to scanning
- 4 Hours Prior to Scanning
  - No exercise 4 hours prior to scanning

## 2 Hours Prior to Scanning

• No food 2 hours prior to scanning

## 1 Hour Prior to Scanning

- Remove rugs and blankets 1 hours prior to scanning
- Remove bandages, wraps, and boots 1 hours prior to scanning
- Patient should be stabilized in environment 1 hours prior to scanning
- Coat should be clean and dry 1 hour prior to scanning

#### General Patient Preparation

- If a full winter coat, it must be clipped in order to scan
- Main and tail should be up, wrapped or knotted
- Hooves should be picked clean
- Patient should be comfortable and not stressed
- Distractions should be minimized
- Try not to touch, stimulate or increase circulation the patient's skin surface

#### 2. IMAGING ENVIRMONMENT

- Patient should be scanned indoors or under cover, out of direct sunlight
- Location should be free of drafts
- Location should be on a clean, level, dry surface
- Lighting if any should be florescent, no incandescent lights
- Temperature should be control, no heater in environment
- Remove any reflective surfaces or clutter from the area where imaging will occur
- Handlers should be available to hold and move horse for imaging but should be out of images

# 3. COMPLETE PATIENT INFORMATION FORM

Please complete the PATIENT INFORMATION FORM prior to your appointment, then email (Info@EquineThermalCare.com) or fax back (201-888-715-7618) to us before we meet.